



Not Through Me **Starter Guide**

3 Truths, 3 Myths & 3 Questions
Every Awake Mother Must Ask Now

Let's start here!

Dear Mother,
You're not overreacting.
You're not too political.
You're not imagining the shift.
If you've felt the quiet pressure to stay silent...
If you've noticed the slow redefinition of words like "truth," "freedom," or even "woman"...
If you've wondered what kind of world your child is growing up in — and what you're supposed to do about it...
This guide is for you.

With clarity and courage,
Elisabeth

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3 Truths You Won't Hear in the Classroom (or on TV)

1. Freedom can disappear without a single law being passed.

It disappears through fear, shame, and silence — especially in mothers.

2. Children are being shaped every day — even when you're not watching.

What your child is surrounded by is not neutral. If you're not speaking, someone else is.

3. You don't need to be an expert. You just need to be honest.

Clarity at home is more powerful than confusion in the classroom.

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3 Myths Modern Mothers Are Pressured to Believe

1. “It’s not that bad.”

Minimizing the problem won’t protect your child – it just delays your clarity.

2. “It’s not my place to speak up.”

You are your child’s first teacher – and first safeguard. It is your place.

3. “It’s safer to stay quiet.”

Silence doesn’t keep you safe. It keeps you small – and teaches your child to fear the truth.

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3 Questions to Ask Before the Next School Year (or Parent Meeting)

1. "Who defines the words my child is learning?"

And how do I know they're true?

2. Where is emotional pressure being used to replace real thinking?

And how can I teach my child to pause instead of perform?

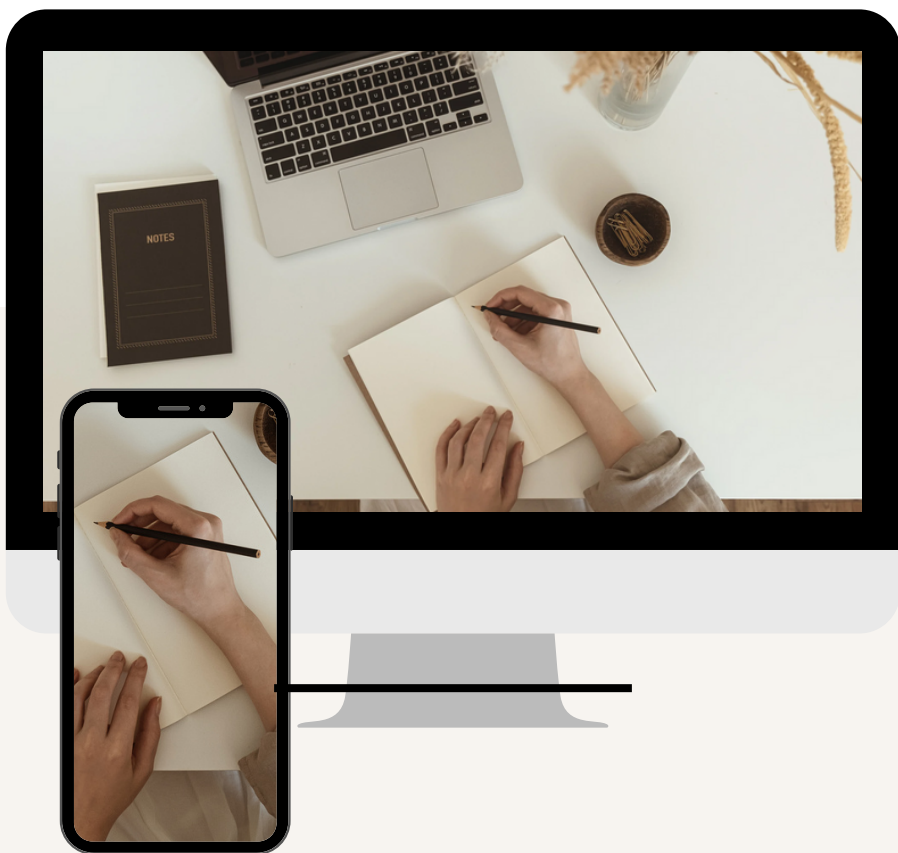
3. What am I modeling at home — truth or comfort?

And what do I want my child to remember 10 years from now?

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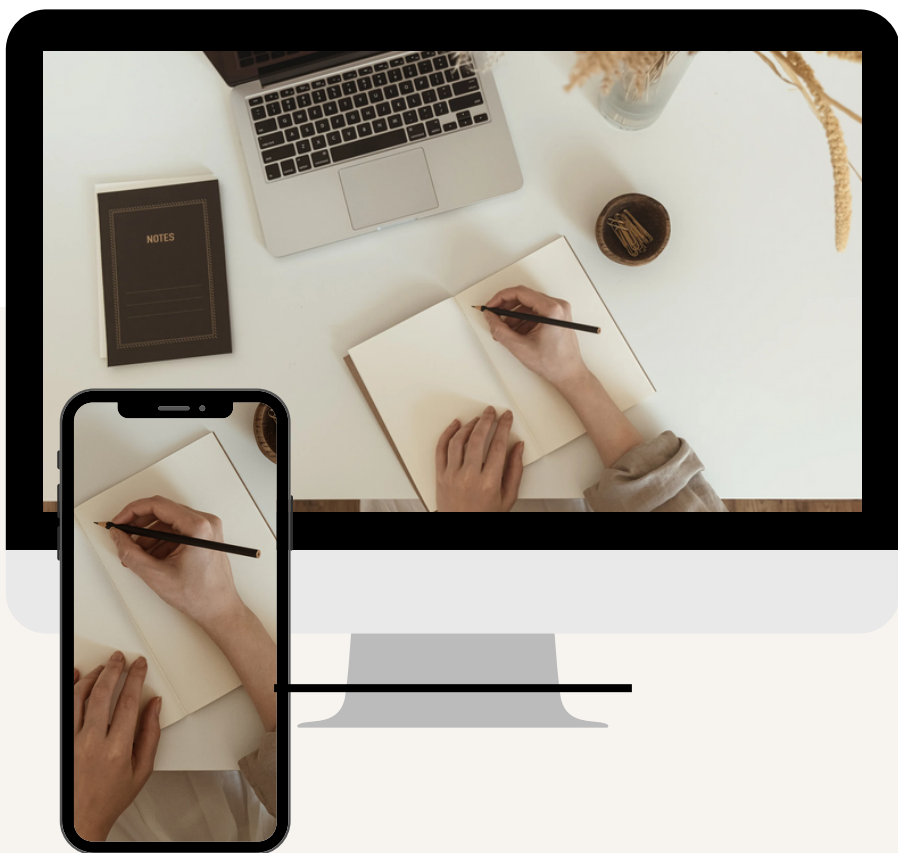
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Final Note: You Don't Need a Platform. Just a Posture.

You don't have to homeschool.
You don't need a legal degree.
You don't even need the perfect words.
But you do need clarity.
Because confusion is contagious — and so is courage.



Ready to Go Deeper?

This guide is just the beginning. *Not Through Me* is the full course I created for mothers like you — busy, brave, and done pretending this is normal. It's the clarity I wish I had sooner — and the moral foundation our children need now.

Explore the full course here:
www.libertylens.com/not-through-me